

December 2016

Wynne Public Schools

BREAKFAST



= Pork
 = Beef

Wynne Public Schools
is an Equal
Opportunity Provider



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

Intermediate

Breakfast in the Classroom
2nd Breakfast Option

High School & Jr. High
2nd Chance Breakfast
2nd Option Offered

Breakfast Pizza 1
OR Mini Bagels
Apple
Juice
Milk

Mini Pancakes OR 2
Bacon, Egg & Cheese
Toaster
Orange
Juice
Milk

Cereal & Toast OR 5
Pop Tart & String Cheese
Banana
Juice
Milk

Fruit Frudel OR 6
Chicken Biscuit
Apple
Juice
Milk

French Toast Sticks OR 7
Cereal Bar & Yogurt
Grapes
Juice
Milk

Mini Muffin Loaf OR 8
Breakfast Pizza
Pears
Juice
Milk

Breakfast Cookie OR 9
Mini Cinnis
Fruit Cocktail
Juice
Milk

Cereal & Toast OR 12
Mini Pancakes
Mandarin Oranges
Juice
Milk

Mini Bagels OR 13
Sausage Biscuit
Apple
Juice
Milk

Breakfast Cookie OR 14
Whole Grain Donut
Grapes
Juice
Milk

Breakfast Pizza OR 15
Mini Muffin Loaf
Orange
Juice
Milk

Scrambled Eggs, Bacon 16
& Toast
OR Pancake Wrap
Applesauce
Juice & Milk

Manager's Choice 19

Manager's Choice 20

School Dismissed Today
See you January 4th

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Happy Holidays

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Monday



Tuesday

NEW GRAB & GO LINE

Monday - Hamburger Meal
Tuesday - Chicken Sandwich Meal
Wednesday - Cheeseburger Meal
Thursday - Turkey Wrap Meal
Friday - Spicy Chkn. Sandwich Meal
JR HIGH & HIGH SCHOOL

Wednesday


LINE 3 OPTION


Monday - Taco Bar
Tuesday - Salad Bar
Wednesday - Sloppy Joe Meal
Thursday - Salad Bar
Friday - Deli Sandwich Meal
HIGH SCHOOL ONLY



Thursday

Spaghetti  1
OR Mexican Chicken & Rice
Tossed Salad with Ranch
Whole Kernel Corn
Wheat Bread
Pears & Milk

Friday

Turkey Club Wrap  2
OR BBQ Chicken Sandwich
Baked Beans
Cole Slaw
Fruit Cocktail
Milk

Pepperoni Pizza OR  5
Cheese Pizza
OR Popcorn Chicken
Steamed Broccoli
Carrots
Peaches & Milk

Cheeseburger  6
OR Rib Sandwich 
Lettuce & Tomato Cup
Refried Beans
Grapes
Milk

Turkey & Dressing 7
OR Chicken Nuggets
Mashed Potatoes & Gravy
Green Beans / Sweet Potatoes
Crbry Sauce / Home Made Roll
Fruit Salad & Milk

Corn Dog 8
Fries with Ketchup
OR Grilled Chicken Salad
Baby Carrots
Mandarin Oranges
Milk

Chicken & Waffle OR 9
Deli Sandwich
Corn
Tossed Salad with Ranch
Rosey Applesauce
Milk

Crispito OR 12
Oven Roasted Chicken
Macaroni & Cheese
Green Beans / Sweet Potatoes
Strawberry Cup & Milk

Meatballs & Gravy  13
OR Chicken & Dumplings
Black-eyed Peas
Turnip Greens
Whole Wheat Roll
Grapes & Milk

Toasted Turkey Ham & 14
Cheese Sandwich
OR Chicken Fajita
Corn on Cob / Lettuce & Tomato
Cinnamon Roll
Fruit Cocktail & Milk

Turkey & Cheese Sandwich 15
With Tater Tots
OR Chili Cheese Tots
Tossed Salad with Ranch
Apple
Rice Krispy Treat & Milk

Stromboli 16
OR Soft Taco 
Spanish Rice
Mixed Vegetables
Carrot & Cucumber Slices
Pineapple & Milk

Manager's Choice 19

Manager's Choice 20

School Dismissed Today
See You Back on Jan. 4th

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Happy Holidays

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